

Verb (causative で-form) + いただきます

Allow me to do [Verb] /
Humbly receiving permission

Humble
Voluntary Action
(許可・謙譲の表現)

Performing an Action With the Listener's Kind Permission



When you want to perform an action politely in business—by expressing “I humbly receive the favor of you letting me do this”—you combine the Causative て-form with いただきます!

The Permission Gift Box

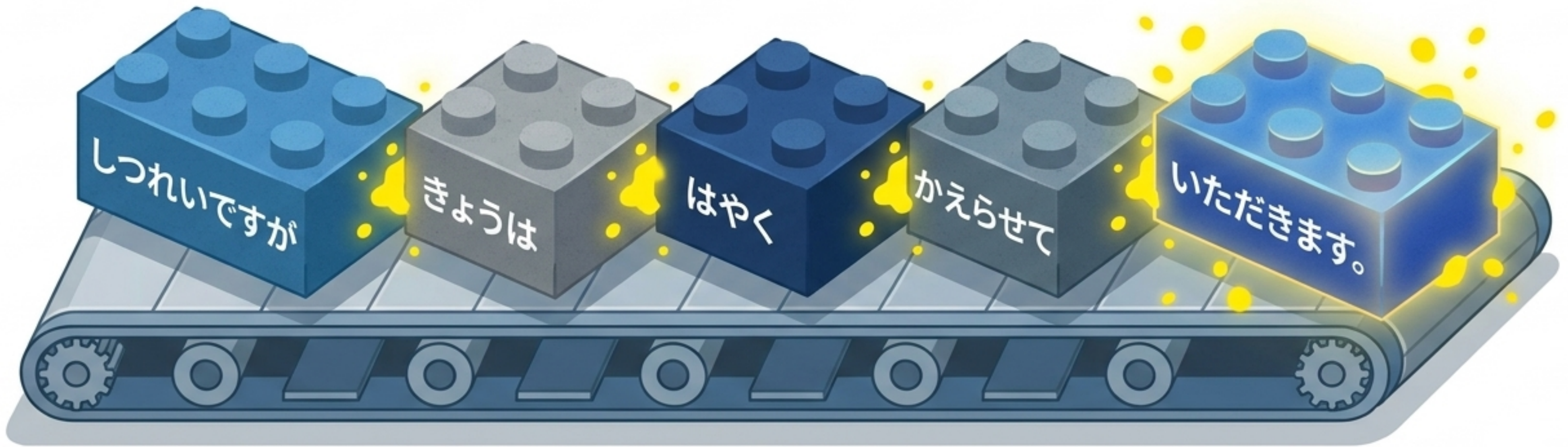
Verb (Causative て-form) + いただきます

いただきます



First, conjugate your verb into the Causative て-form (ikasete, tabesasete, sasete), then attach いただきます. It literally translates to “I humbly receive your permission to do X”!

Sentence Assembly Line



しつれいですが、きょうは はやく かえらせて いただきます。

(Excuse me, but today I will humbly take the liberty of going home early.)

Raya's Master Hack: The Causative Trap!

This is a massive Business Japanese trap!
Regular て = You get someone ELSE to do the verb.
Causative て = YOU perform the verb yourself
with their permission!



Blue Zone



✗ たべていただきます
(Regular て)
= I get YOU to eat

Red Zone



◯ たべさせて
いただきます
(Causative て)
= YOU let ME eat

Don't Do This! (The Fatal Business Mistake)

「かえって
いただきます!」

CRASH!

PANIC!

STOP!

✗ Using Regular て-form
instead of
Causative て-form

Joy! *Kaette itadakimasu* means
“I will get YOU to go home”! To say
YOU want to go home with your
boss's permission, use the Causative:
○ きょうは 早く かえらせて いただきます
(Please allow me to go home early).



Causative Permission Cheat Sheet

Verb Causative て-form + いただきます (or いただきたいです / いただけますか)

Meaning: Please allow me to do [Verb] / I will take the liberty of doing [Verb].

- **Group 1:** いかせていただきます (Allow me to go)
- **Group 2:** たべさせていただきます (Allow me to eat)
- **Group 3:** させていただきます / こさせていただきます

Causative て = YOU perform the action with permission!